

Crewroom Vapour-X bamboo charcoal base layer

CREWROOM is a UK company that started life making technical apparel for rowers, another sport that got men into Lycra. This technical garment joins a recent trend for earth-friendly construction techniques by using 'bamboo charcoal' in its makeup. Not only is bamboo grown without the need for pesticides and fertiliser, it needs little water and is naturally regenerative, so is a totally sustainable source. What's more, its dried, carbonised particles, once woven into a garment, are moisture wicking, extremely breathable, anti-microbial and very durable, so ticking all the boxes for a good quality base layer.

We are all for green products and it will do minimal harm to your wallet too at a very cheap £25, male or female.

Contact:
Crewroom
020 8877
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Zipp Vuma Chrono crank

IN a previous lifetime this crank could be mistaken for the crankset that was used by BMC's top riders such as Floyd Landis on their time trial bikes. In that case, the cranks were Campagnolo Record shrouded in carbon-fibre with a non-removable chainring.

Zipp has gone one better and has created the optimum time trial chainset with the VumaChrono. The result is an 860g crankset that according to Zipp is nine seconds quicker over 40 kilometres compared to the next fastest TT chainset — the same as removing 12 spokes from your front wheel.

With a spider-less design the outer chainring is attached with nine bolts to the carbon face. Uniquely Zipp has not forgotten the inner ring either; this also

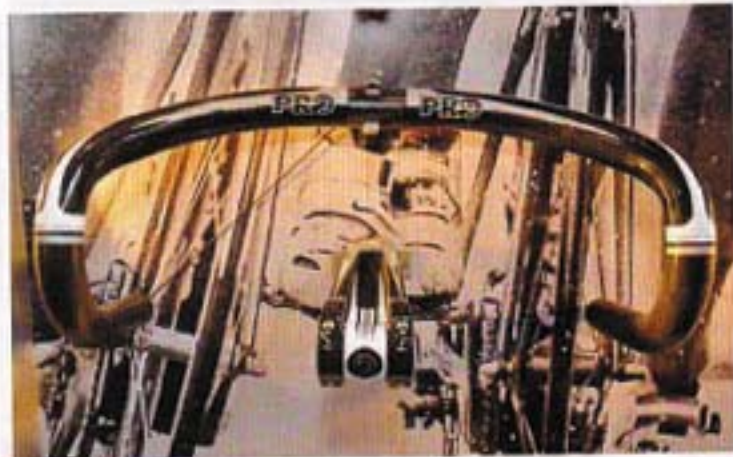


independently bolts to the inside of the carbon face.

As with almost every other manufacturer Zipp has opted for a stiff 30mm spindle to help create the stiffest crank the company has tested to date.

The crank has a q-factor of 146mm and will be available in 170-180mm lengths with 53/39, 54/42 or 55/42 chainrings.

Contact: Saddleback
www.saddleback.co.uk,
www.zipp.com



Pro Vibe monocoque carbon track bar

WITH few options to choose from for a specific carbon track sprint bar, Pro's top-end Vibe bar is used by the likes of Theo Bos, as the one-piece monocoque design offers the Dutchman light weight and stiffness.

Pro has used the now standard 31.8mm oversized design and kept this diameter along the entire bar length, increasing strength.

Produced only in the sprinter's preferred traditional round shape,

the bars do not need to be taped, as a rough finish on the drops should provide ample grip. Closing the ends of the bar in carbon negates the need for end plugs, giving a clean finish.

Weight is just 335g for the 40cm width but this range-topping bar doesn't come cheap at £269.99.

Contact: Madison,
www.ultimateoursuits.co.uk

Squeezy Athletic

AS a rider it's not always easy to lose weight. With the amount of exercise you're taking it should be simple, but often your training drives hunger pangs too. We were therefore intrigued when we heard about Squeezy Athletic.

Primarily known for energy gels, Squeezy has developed the Athletic as a foodstuff with cyclists and sports people in mind. It has been used by the Gerolsteiner squad and in essence forces the body into ketosis in a similar way to the Atkins diet so that it burns stored fat.

Double fermented wholegrain wheat is the primary constituent with a number of additions to give a balanced supplement with a low GI to eliminate hunger.

A 675g tub costs £32.95, a box of 10 45g single serving sachets is £24.25, while a bottle of 50 tablets will set you back £10.75.

Contact:
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